

Reef Knot How to

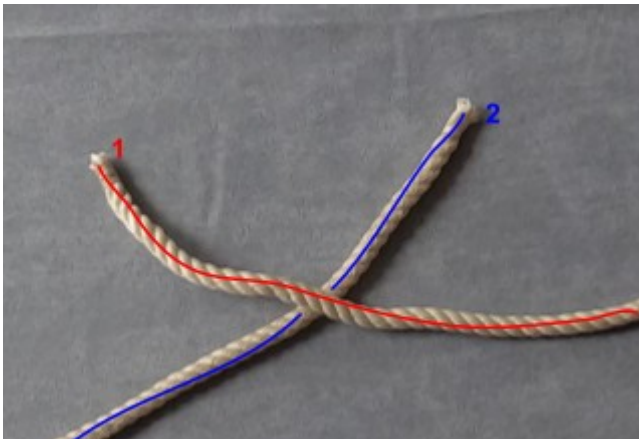


For this activity you will need:

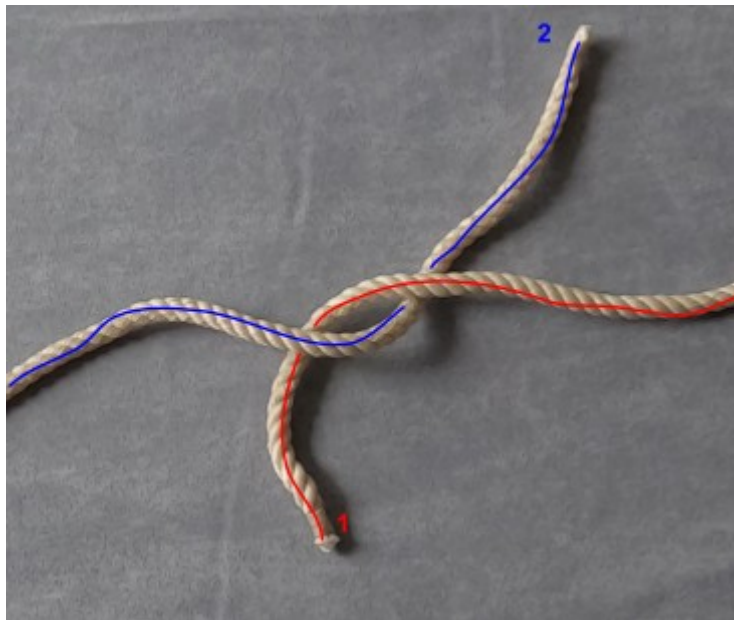
- 1 piece of rope
- OR
- 2 pieces of rope



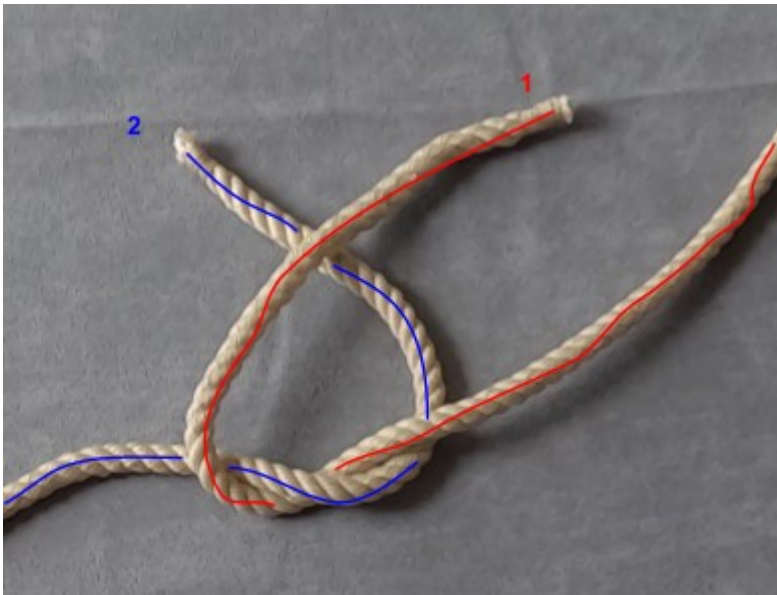
1. Take one of the rope ends in your hand. Cross this end (end 1) **over** the other end (end 2).



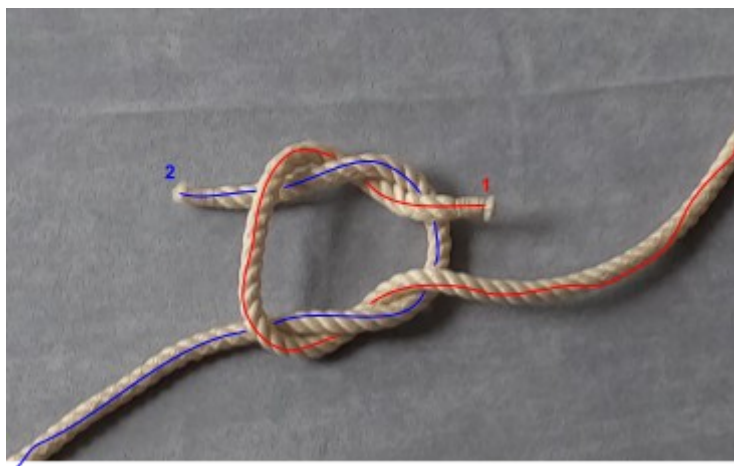
2. Cross end 1 **under** the start of end 2.



3. Cross end 1 **over** the start of end 2 and **over** end 2.



4. Cross end 1 **under** end two and then through the center of the loop.



5. Grab end 1 and pull to tighten your knot.

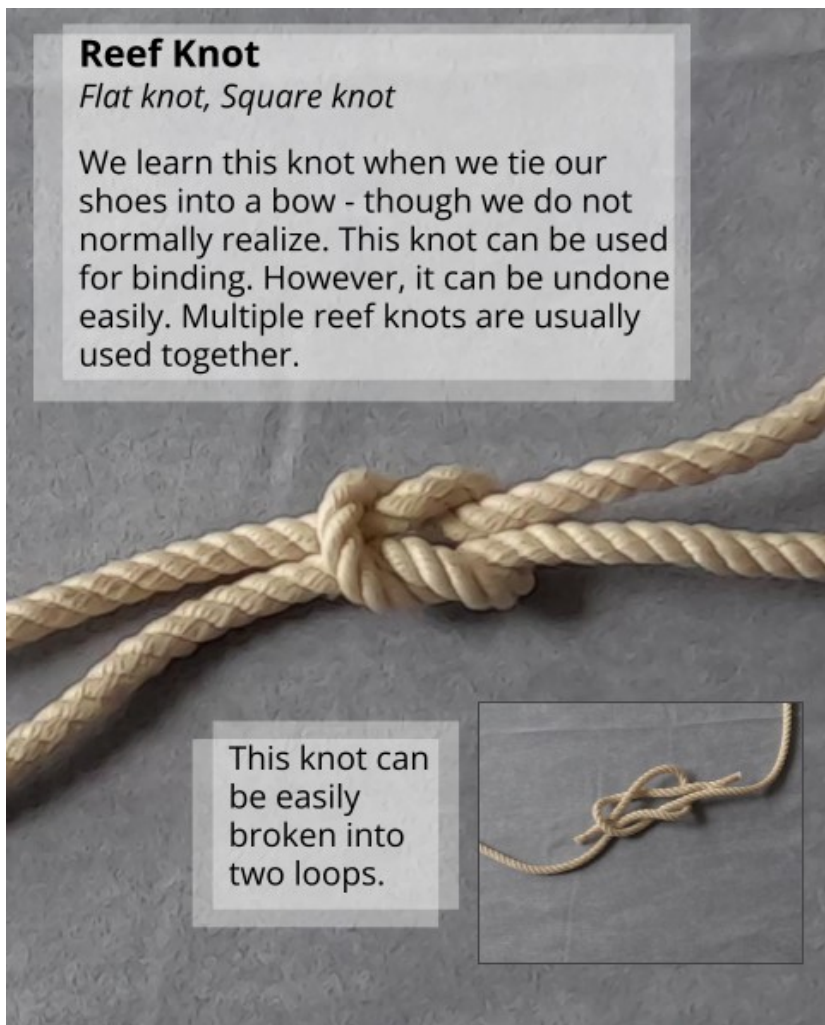


6. You are all done!

Reef Knot
Flat knot, Square knot

We learn this knot when we tie our shoes into a bow - though we do not normally realize. This knot can be used for binding. However, it can be undone easily. Multiple reef knots are usually used together.

This knot can be easily broken into two loops.



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