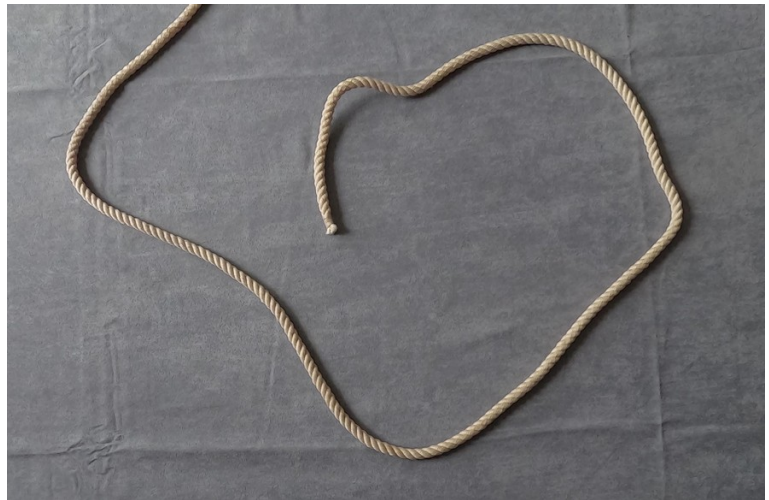


Simple Knot How to



For this activity you will need:

- 1 piece of rope



1. Take the end of the rope in your hand. Cross the end **over** the rest of the rope to create a loop.



2. Pass the end of the rope through the loop by going **under** the loop.



3. Grab the end of the rope and pull to tighten your knot.



4. You are all done!

